

What is Physical Therapy?

Physical Therapy is delivered by Licensed Physical Therapists (DPT) or Licensed Physical Therapy Assistants (PTA) as in-home care. The service focuses on gross motor skill development and addresses various conditions.

- **Mobility & Movement**

Ambulation — walking or the ability to move about independently.

- **Musculoskeletal Issues**

Including back pain, injuries, or congenital disorders.

- **Neurological Conditions**

Strokes, spinal cord injuries, cerebral palsy, multiple sclerosis, and genetic disorders.

- **Post-Surgical & Injury Recovery**

Concussions, torn rotator cuffs, hip or joint replacements, back surgery, carpal tunnel syndrome, tennis elbow, and TMJ.

- **Strengthening & Balance**

Vertigo, generalized weakness, failure to thrive, atrophy due to ALS, Guillain-Barre syndrome, arthritis, neuropathy, or MS.